

## What is sustainability all about?

Overfishing is a problem all around the world. As the fishing industry gets bigger and better, for example faster boats and improved technology to enable them to find fish, it often leads to too many fish being caught. This leaves less fish in the food chain, causing some sea creatures to go hungry and it also causes a human problem as it leaves less fish in the sea for us to catch each year. When there are less fish to catch this has a knock on effect of less jobs and problems within the industry for many people. Fish also suffer as depleted stocks mean they struggle to replenish their numbers.

At pantrinis we make sure that all of the fish we buy is responsibly fished as responsible fishing is a way to ensure a sustainable and viable future for the industry. This means they will not over fish, they will try hard to not catch young fish or creatures they do not need, they will report all of their catch so that the governments know how much has been caught each year and they will obey fishing laws.

